

A young woman with a joyful expression is the central focus. She wears a vibrant green headscarf with tassels and a light blue t-shirt. She is holding several ripe, red and yellow tomatoes in her hands. The background is a blurred greenhouse setting with wooden frames and green plants. The text 'Stories of HOPE' is overlaid on the image, with 'HOPE' in a large, bold, white font. Orange brushstroke-like accents are scattered around the text. At the bottom, the phrase 'Your support in action' is written in a white, italicized font.

Stories of
HOPE

Your support in action



Front cover image:
Bagmati is using planet-friendly agriculture techniques on her farm in Nepal to boost her harvests.

In Peru, school dinners are something to look forward to now that kids are growing their own fresh vegetables in the school eco-garden.

HOPE NEEDS ACTION

For nearly six decades, Practical Action has worked alongside people to build a world that works better for everyone. Your support has been invaluable. Together, we're tackling the challenges caused by the climate and environmental crises in innovative and practical ways.

This year, among our wide range of work, land has been reclaimed from the desert in Sudan to grow food for people trapped in a conflict zone. Refugees in Rwanda have learned sustainable farming techniques that have provided them with an income and fresh, healthy food. These are just two of examples of how we're confronting the realities of our changing climate while also igniting hope, resilience, and positive change in the face of adversity.

In the pages that follow, you'll meet some of the remarkable people we have had the privilege to work with this year. Their stories are a testament to what we can achieve when we come together, offering a glimpse into the brighter, more hopeful futures that are now within reach for many, thanks to the support of people like you.

On behalf of the people we work with, thank you.

**During the last 12 months,
we've worked with:**

2.17M PEOPLE

**living in poverty,
and an additional**

8.3M PEOPLE

**through policy and
practice changes, including**

5.4M WOMEN



In Nepal, Kamali is growing bountiful harvests with the sustainable farming skills she learned at our farmer field school.

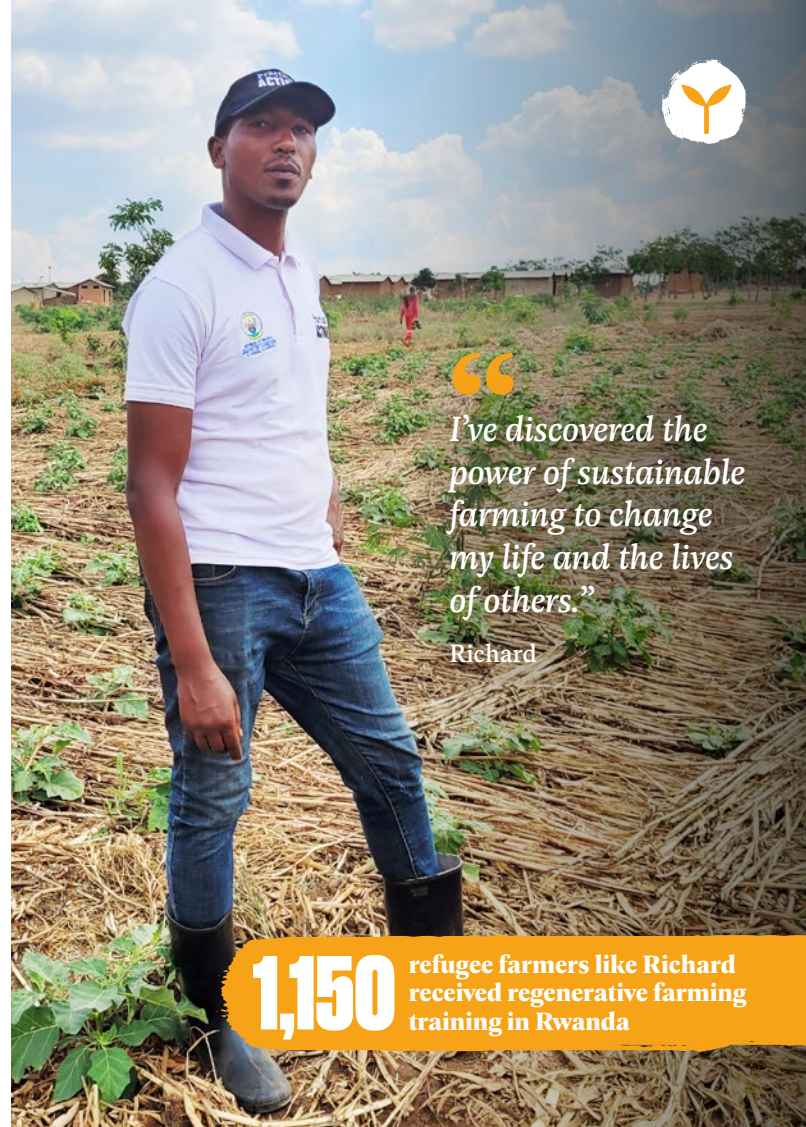
HOPE SPROUTS FROM THE SOIL

Richard's story Rwanda

“When I arrived in Rwanda as a refugee from Burundi, life was tough. I had to rely on aid. Then I got the opportunity to use a small plot of land, but I didn't have the farming skills to make an income from it.

Through Practical Action's training, I learned to produce organic fertilisers and pesticides, reducing my costs and boosting harvests. I used techniques like mulching, composting, and growing flowers for pest control to improve the quality of my crops. I became an example for others in the community, showing them how good farming can also be low cost.

My income is set to treble this year. I'm optimistic about the future. I dream of returning to Burundi, taking this knowledge with me, not just to seek a job, but to create opportunities for others. With the education I've received, my family don't have to worry about whether there will be enough food to eat, and my ambitions have grown. I hope to expand my farming and continue making a difference.”



“
I've discovered the
power of sustainable
farming to change
my life and the lives
of others.”

Richard

1,150 refugee farmers like Richard
received regenerative farming
training in Rwanda



**92,000
FARMERS**

**are earning more money and
have more reliable access to food
for their communities, thanks
to our farming work**



In Zimbabwe, soil depleted of nutrients and droughts are destroying crops. Our solar-powered irrigation systems mean farmers like Thubelihle can feed themselves and earn a living.

HOPE BUILDS RESILIENCE

Tirtha's story *Nepal*

"I live in a community that's often threatened by the floods from the Karnali River. Each year, we faced the heartbreak of seeing our homes and livelihoods washed away. But things have changed for the better. Thanks to a new insurance scheme introduced by Practical Action, our lives have transformed. After a flood, those insured receive their compensation promptly, allowing us to rebuild and recover swiftly.

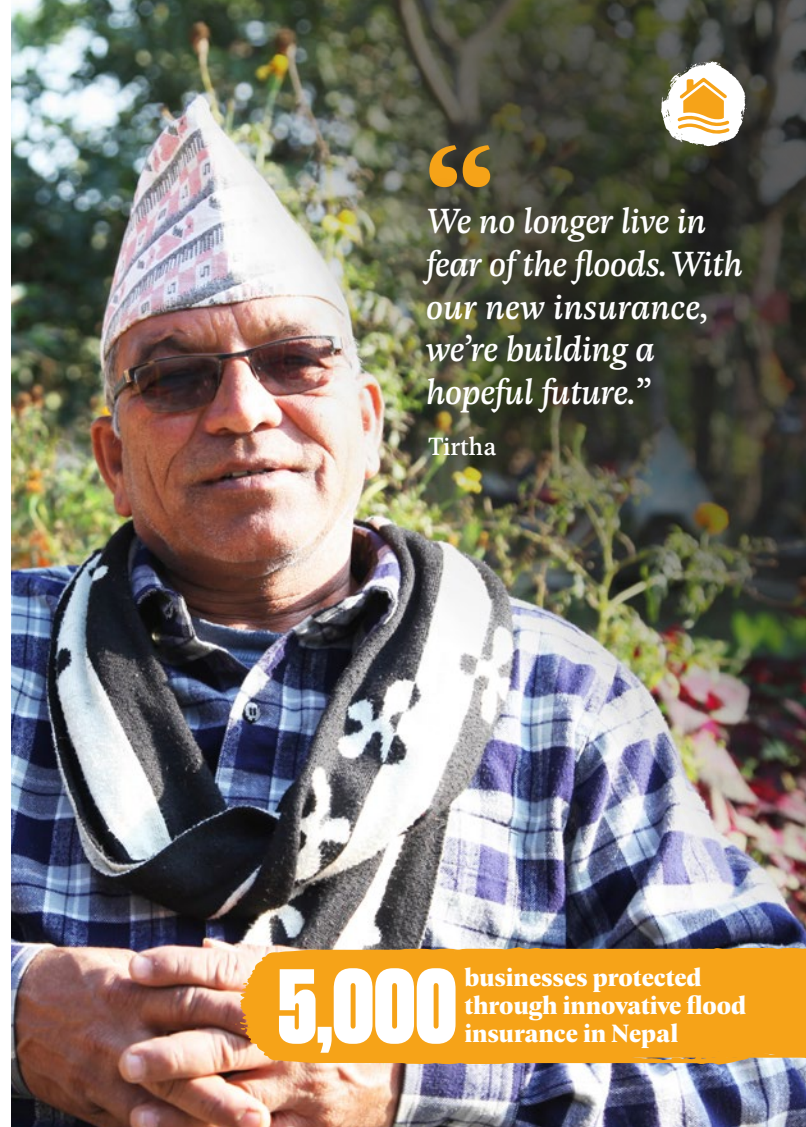
We no longer live in constant fear of the floods. Instead, we can plan our futures, invest in our homes, and dream bigger for our children. The community's spirit is stronger, and there's a sense of hope in the air.

I've never been prouder to be part of this resilient community. With this newfound security, we're forging ahead, optimistic about what the future holds."



“
We no longer live in
fear of the floods. With
our new insurance,
we're building a
hopeful future.”

Tirtha



5,000 businesses protected
through innovative flood
insurance in Nepal



**211,000
PEOPLE**

**are better protected from
extreme events like floods
and landslides**



Floods frequently destroy crops and devastate livelihoods in Bangladesh. Innovative farming techniques mean farmers like Purnima can grow bountiful harvests, even on floodplains.

HOPE ILLUMINATES THE CLASSROOM

Brighter Futures

Peru

Sixteen schools in remote areas of Peru are thriving, thanks to your support. Four years ago they lacked basic services. They now have clean water, hygienic toilets, electricity and an internet connection.

Parents and teachers took the lead, looking after the new equipment and systems that brought power to their schools. When online learning became more important during the COVID-19 pandemic, we introduced learning apps in local languages, helping a further 225,000 children in other indigenous communities.

Students are now less likely to miss school due to illness, are achieving better results, and have digital skills that will prepare them for modern jobs and a future out of poverty. Teachers, equipped with new resources, are delivering more engaging lessons. With the completion of this project, a replicable model has emerged, promising a brighter, more inclusive educational future for children across Peru and beyond.



“

I'd love to see my pupils realise their potential and become the young professionals our community needs.”

Idelka – Teacher



225,000

more children accessing a safe, healthy and stimulating learning environment in Peru

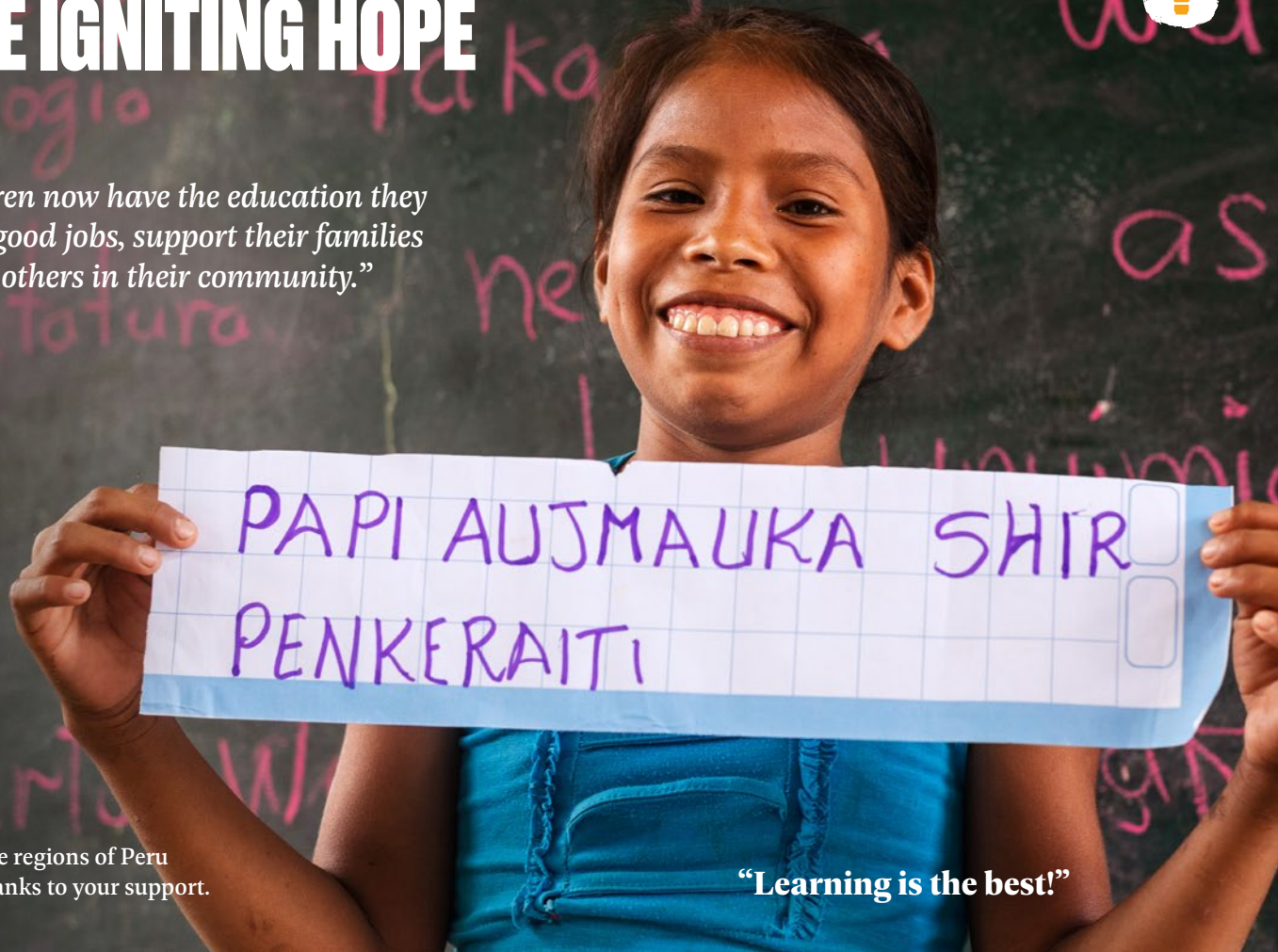
We're not just lighting up schools;

WE'RE IGNITING HOPE

“

These children now have the education they need to get good jobs, support their families and inspire others in their community.”

Elvis – Parent



Pupils in remote regions of Peru are thriving, thanks to your support.

“Learning is the best!”

306,000 PEOPLE

**can now access cheaper,
cleaner and more
reliable electricity**



In Rwanda's refugee camps, lives are on hold without light or electricity. With public lighting and home electricity powered by solar energy, people like Diamant can live in safety and create thriving businesses.



 Since 2021, we've reached

5.5M PEOPLE

living in poverty,
and an additional

13.2M PEOPLE 

through policy and
practice changes.

 **THANK YOU** 

**Your support has helped make change possible and
built hope for people around the world.**

To find out more, visit: practicalaction.org/stories-of-hope

**Practical
ACTION**

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