



Millet Farming, Sudan

Practical Action is striving to help people to help themselves. We have worked in Sudan for over 20 years, where families have suffered from poverty brought on by so many factors such as drought and conflict. Farmers spend days working the dry arid land in the baking sun with simple hand tools, producing very little return, barely enough food to feed their families, let alone generate an income from.

But things changed when Practical Action worked with communities to develop the donkey plough. A simple plough created to speed up work and reduce soil erosion.

"Digging, weeding and planting our land used to take all my time and we never grew enough food to survive. Then I heard about the donkey ploughs. I borrowed one and I can't believe what a difference it made. It helps the soil keep water in it and my harvest increased from two sacks of millet to seven. I even had enough to sell some to pay for school fees so my children can get an education."

Amona Mohamed, Sudan



Watering Crops, Kenya

Thank you for your support

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Photographs: Practical Action /Kenya/Sudan

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Menu

food for good



Mriza's Story



Mriza Rahim has seen at first hand the help your support could provide. Thirteen years ago, he and his family lost everything when the river Tista in Bangladesh flooded, covering his farmland with sand and silt. For years he struggled to feed his children by working as a manual labourer, but the work was sporadic and the money poor.

But after seeing how crops could be grown in compost pits, Mriza set his heart on doing the same. With Practical Action's technical support, seeds and the help of his entire family, Mriza was able to cultivate 560 compost pits—producing an amazing 5640 sweet gourds to eat, store and sell.

“The floods took everything from me and my family. Now we have a future again “



Menu

Starter

Main Course

Dessert