

Should I get cheques made out to Practical Action and posted directly to you?

Yes, please make cheques out to Practical Action and send them to our Community Fundraising Team at the address on this leaflet. Our team will add your details to our records and you will be given a unique reference number. Each time a donation is sent in it will be recorded so we can tell you exactly how much you have raised. Alternatively you could organise your Food for Good Event through www.dinner4good.com or set up a page on www.justgiving.com where your guests can donate quickly and securely online with a credit or debit card (websites do charge commission for this service).

Can Gift Aid be claimed on donations?

Gift Aid enables us to claim back any tax already paid on a gift of money, no matter how large or small. The donation must be from a UK tax payer. The amount of tax you pay must not exceed the amount that Practical Action is claiming. Gift Aid means that for every pound you give, we get an extra 28 pence from HM Revenue and Customs. This can be signed up for on the Donation Forms provided or through your page at www.dinner4good.com/practicalaction or www.justgiving.com

Will I receive acknowledgement that I've have paid money in?

Once you've completed your fundraising activities, we'll send you a certificate and letter of thanks.

For Information:

www.practicalaction.org.uk/foodforgood

events@practicalaction.org.uk

01926 634537



Fireless cooker, Kenya

Thank You!

Practical Action
The Schumacher Centre for
Technology and Development
Bourton on Dunsmore
Rugby
CV23 9QZ
T +44 (0)1926 634400
F +44 (0)1926 634401
E practicalaction@practicalaction.org.uk

Photographs: Practical Action / Kenya/ Bangladesh

Printed on 100% recycled paper

Practical Action is a registered charity and company limited by guarantee
Company Reg. No. 871954, England
Reg. Charity No. 247257
VAT No. 880 9924 76
Patron HRH The Prince of Wales, KG, KT, GCB



Corn processing, Bangladesh

Frequently Asked Questions

food for good



What is Practical Action's Food for Good?

Food for Good is your way of helping poor communities have *food for good*. Ensuring that food is available and that people have access to it is a principal aim of Practical Action and very simply, by getting involved, you can make a difference to people's lives. We want you to invite your friends over for a meal and ask them to make a donation to Practical Action for the privilege! This is a great way to raise money and have some fun with your nearest and dearest at the same time.

When does it take place?

Whenever you like! The beauty of this is you can do whatever you want to do, whenever you want to do it.

How can we get involved?

That's easy, you just have a dinner party! Get in touch with us and we'll send you a fundraising pack with all you need to know about the event and a very special Practical Action tea-towel!

How can we register?

Call us on 01926 634537 or download a registration form at

www.practicalaction.org.uk/foodforgood

Please send your completed forms back to:
Community Fundraising,

Practical Action,

The Schumacher Centre for Technology and Development,

Bourton on Dunsmore,

Rugby, CV23 9QZ

Mriza's Story



Sandbar cropping Bangladesh

Mriza Rahim has seen at first hand the help your support could provide. Thirteen years ago, he and his family lost everything when the river Tista in Bangladesh flooded, covering his farmland with sand and silt. For years he struggled to feed his children by working as a manual labourer, but the work was sporadic and the money poor.

But after seeing how crops could be grown in compost pits, Mriza set his heart on doing the same. With Practical Action's technical support, seeds and the help of his entire family, Mriza was able to cultivate 560 compost pits—producing an amazing 5640 sweet gourds to eat, store and sell.

"The floods took everything from me and my family. Now we have a future again"



Sandbar cropping Bangladesh

Who will be my point of contact at Practical Action?

Following your enquiry, one of our Fundraising team will be your point of contact. They will advise and support you in your fundraising efforts for Practical Action.

Having a dinner party is not really my thing, but I'd still like to help!

If you don't like cooking why not get each of your friends to bring a course - that way you only have to do a bit of cooking and everyone gets a surprise! Or **Dine out and Donate** at your local pub or restaurant. Get your friends along to have a fabulous meal out and raise a bit of money, why not see if you can get the pub to sponsor you too?

You can still make a donation by either sending us a cheque or online at our website:

www.practicalaction.org.uk/foodforgood

What is the money raised spent on?

The money raised will help support our work in the developing world to alleviate poverty through the use of technology and development. Work that helps people to help themselves.

Will my event be covered by Practical Action's insurance?

Everyone takes part in **Food for Good** at their own risk and neither Practical Action nor any related or affiliated organisation can have responsibility for any loss or damage which occurs from participation in the event. It is impossible for us to insure your event because Practical Action is not responsible for its organisation and we cannot monitor the health and safety provision you make. As you are organising your meal, your guests will be relying on you to have taken all reasonable precautions in relation to their safety. Practical Action will not be liable for any injury loss or damage which occurs.